Isolation Times REEPHAM & WENSUM VALLEY TEAM CHURCHES 2016 N.





29th November 2020-Edition 28

Attlebridge/Alderford • Bylaugh • Elsing • Gt &Lt Witchingham • Lyng • Reepham • Salle • Sparham • Swannington • Thurning • Weston Longville + Wood Dalling

The Alpha Course: Discover and Debate Christianity for those with curious minds and wandering hearts.

We are planning to hold a 10 week Alpha Course, from 13th January to 24th March (with a 1 week break for February half term), where we will cover lots of interesting topics about Christianity.

Normally these courses would be held in person over a shared Alpha meal, however as we are in no position to know whether we will be able to meet in person in January we will be holding the course over Zoom. Sessions will be on a Wednesday evening at 7pm and last about one hour.

Those interested in attending can contact Annie (Parishofficerwv@gmail.com) for further information. We would also like to hear from you if you would like to share your experience of faith or your journey in Christ. As we are unable to share a meal, we will be delivering "hospitality treats" to those taking part so any help with making food such as scones, cake, biscuits etc would be greatly appreciated.! Please do contact us if you would like to help.

Thinking of and holding in our prayers... Please light a candle as we pray and remember:

Mavis Williams, formerly of Weston and Gt Witchingham, whose funeral will be held on 30th November. Our thoughts are with her children Tim and Julie and their families.



GOSPEL Mark 1:1-8 Hear the gospel of our Lord Jesus Christ according to Mark.

The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah, "See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight,'" John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

Contact Details

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com The Rev'd. Judith Sweetman, 07484862962 (Friday to Sunday only) Email Annabel at parishofficerwy@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

TWITTER: RAWTeam

WEBSITE: www.reepham-and-wensum-team-churches.org.uk

Advent and Christmas Services across the Benefice

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From the kitchen window 20th November 2020

Storing food away for times when it is less plentiful is important for a number of creatures in autumn. Jolyon has had a bumper crop of Sweet Chestnuts from his trees this year, which the squirrels will be busy caching for later consumption. Our neighbours put out peanuts in their shells specifically for the squirrels, who then bury them in our garden.



We occasionally find one, split by the growing shoots, when digging over the vegetable plot in summer. Jays do the same with acorns which are their winter staple, thus facilitating the spread of oak trees into open ground, as invariably they do not remember where they have buried every one. For other birds, it is more important to know where to find food when the leaves have fallen off the trees and bushes, as there are no caterpillars to eat. You may notice Blue Tits clinging to the tops of window frames as they forage for spiders in cracks and crannies. We were pleased to see a Wren perched on the handle of a watering can the other morning. It stood alert briefly, so we could admire its dumpy, brown, pin-striped feathering and sharply cocked tail, before it whirred away into cover. Shortly afterwards, it was hopping along the fence, searching for spiders.



There is an amazing variety of spiders: from the small black and white Zebra Spiders which live on walls, to the spectacular Wasp Spiders, which have only moved into Norfolk in the last few years. They are so called because the large female has black and yellow stripes. For those of you of a nervous disposition, don't worry, it is highly unlikely that you will get one in your garden, unless you have an area of tall rough grass with a colony of grass-

hoppers to provide nourishment. It may seem very odd that spiders can travel long distances, but the spiderlings climb to the top of a grass stem or bush, raise their abdomens in the air and release a long stream of silk which is caught by the wind, lifting them skywards. Occasionally you might see grass or bushes covered in gossamer, the visual proof of spider dispersal. Do send any sightings of wildlife that you have, so we can all share them rachel.42rr@btinternet.com