

A Prayer for those who are 'Older'

Timeless God, who declares Grey hair to be a crown of splendour: And whose gift of long-life can produce a heart of wisdom, Forgive us for the sin of ageism That disrespects the elderly among us And ignores their vital contribution to a healthy society. May we humbly receive the gifts of older people

BRF

"All that is Made! It is all that is made.!" That's Julian, in Norwich, Tripping on a hazelnut in her 14th-century grip. My trip is this teabag, giving up its love This perforated planet, in my steaming mug Onward flight in the dark of compost bin, With potato peel, onion and banana skin From Sri Lanka or Kenya, this leafy supernova Here in my kitchen, this miraculous stopover The quiet humus of mineralisation, Organic breakdown, mostly just waiting, How earth flavours and fires this life every day, I get it, Julian, this teabag, how it's all that is made From Iona

Hungry to Learn

Everyone belongs to God, Our gospel has been too small. It is, indeed, too small a thing to think that the hope of the world rests in our ability to recruit others into a religion which has too often made us morally worse. To confess that the hope of the world is Jesus Christ is to open ourselves to a kingdom beyond our control – beyond our imagination, even. It is to embrace the revolutionary notion that everyone belongs to God. You must stand up and represent the gospel of the kingdom that shines for all people, no matter who they are.

Jonathan Wilson-Hartgrove

Our whole being pants for solitude, for silence. For at sometime or another, we have all tasted what silence is and we have not forgotten the fruit of such hours. Being silent in God's presence requires work and practice. It takes daily energy to delight in God's love. It is home, where it finds rest. We will be overwhelmed by the riches which will flow from these hours. Dietrich Bonhoeffer 20th Cent

Mother Teresa said...

God has created us to love and be loved, And that is the beginning of prayer....to know that he loves me...that I have been created for greater things
Amen.



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Pew Notes

27th June: 3:15pm: Messy Church, Lyng Playing field.

30th June: 11am—5pm: Swannington in Bloom

6th July: 2:30pm: Bylaugh Church Fete, Park Farm, Bylaugh

7th July: 10:30am: Oasis Angel Tree information service,
Sparham Old School Room

Services for next week: Sunday 30th June,

10:30am Whole Benefice, Holy Communion , St Mary's, Sparham

The Rev'd. Helen Rengert, 01603 879275 revdhelenrwv@gmail.com

The Rev'd. Keith Rengert, 01603 879275 revdkeith@gmail.com (Sunday only)

The Rev'd. Richard Turk, 07721 035009 revdrichardrwv@gmail.com

Email parishofficerwv@gmail.com to submit articles or join the mailing list.

FACEBOOK: Reepham & Wensum Valley Events

WEBSITE: www.reepham-and-wensum-valley-team-churches.org.uk

Pew Notes are available to download from the RWV website and the E-newsletter

If you have any safeguarding concerns, please contact your Parish Safeguarding Officer. Details in the church porch or on the RWV website.

1 Samuel 17: (1a, 4-11, 19-23), 32-49

The Philistines gathered their armies for battle. And there came out from the camp of the Philistines a champion named Goliath, of Gath, whose height was six cubits and a span. He had a helmet of bronze on his head, and he was armed with a coat of mail; the weight of the coat was five thousand shekels of bronze. He had greaves of bronze on his legs and a javelin of bronze slung between his shoulders. The shaft of his spear was like a weaver's beam, and his spear's head weighed six hundred shekels of iron; and his shield-bearer went before him. He stood and shouted to the ranks of Israel, "Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. If he is able to fight with me and kill me, then we will be your servants; but if I prevail against him and kill him, then you shall be our servants and serve us." And the Philistine said, "Today I defy the ranks of Israel! Give me a man, that we may fight together." When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid. Now Saul, and they, and all the men of Israel, were in the valley of Elah, fighting with the Philistines. David rose early in the morning, left the sheep with a keeper, took the provisions, and went as Jesse had commanded him. He came to the encampment as the army was going forth to the battle line, shouting the war cry. Israel and the Philistines drew up for battle, army against army. David left the things in charge of the keeper of the baggage, ran to the ranks, and went and greeted his brothers. As he talked with them, the champion, the Philistine of Gath, Goliath by name, came up out of the ranks of the Philistines, and spoke the same words as before. And David heard him. David said to Saul, "Let no one's heart fail because of him; your servant will go and fight with this Philistine." Saul said to David, "You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth." But David said to Saul, "Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God." David said, "The LORD, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine." So Saul said to David, "Go, and may the LORD be with you!" Saul clothed David with his armor; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armor, and he tried in vain to walk, for he was not used to them. Then David said to Saul, "I cannot walk with these; for I am not used to them." So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi,

with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, "Am I a dog, that you come to me with sticks?" And the Philistine cursed David and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine. The Philistine came on and drew near to David, aided by his gods. The Philistine said to David, "Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field." But David said to the Philistine, "You come to me with sword and spear and javelin; but I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have defied. This very day the LORD will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the LORD does not save by sword and spear; for the battle is the LORD's and he will give you into our hand." When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

2 Corinthians 6:1-13

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children-- open wide your hearts also.